# FORGET ABOUT BLEACH!

5 Matural Alternatives
you can use

#### Castile Soap

A concentrated, vegetable-based soap. It's a natural alternative to bleach and almost any other cleaning product.



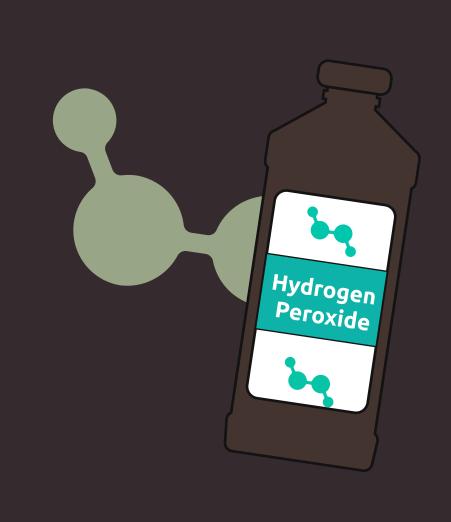


#### Baking Soda

This kitchen staple is also a whitening agent. Use it instead of bleach on your laundry and for stain removal.

### Hydrogen Peroxide

Hydrogen peroxide can help you brighten and disinfect almost any surface (without dangerous chlorine fumes!)





#### Lemon Juice

Citric acid is great for removing stains and foul smells. Ditch the bleach and pour lemon juice into your laundry!

## White Vinegar

Vinegar works as a milder disinfectant. Besides, it's better than bleach for cleaning mineral stains and soap scum.



